

FORT WAYNE BAPTIST
Church



October 2021
Newsletter

Pastor:

Rev. Scott Carter
fwbcpastor@gmail.com
(260) 715-8080

Finance Secretary:

Nick Jewell

Admin Assistant:

Janet Arvola

Fort Wayne Baptist Church

2323 Fairfield Ave.
Fort Wayne, IN 46807
Office: (260) 744-2373
Fax: (260) 458-0395

Web:

fortwaynebaptist.com

Email:

fortwaynebaptist@gmail.com

Sunday:

Bible Study—9:00 AM
Worship—10:00 AM

Wednesday:

Bible Study—2:00 PM

Getting There

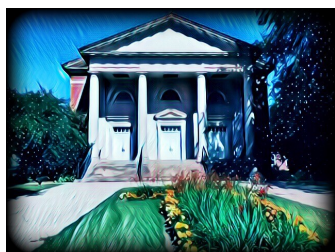
We have likely all heard of the five stages of grief, formally known as the Kübler-Ross model: Denial, Anger, Bargaining, Depression, Acceptance. I don't want it to be true. I am mad that it is true. Can I change it being true? If it is true, it has ruined everything, and I can do nothing about it. It is true, and I can deal with it. There are three things you need to know about those five stages.



First, it is not linear. In my experience and in my research, I have seen people jump around the five while overall moving along. One day of depression might be followed by anger. Even acceptance can backslide, with fits of depression coming years into an overall phase of acceptance. Understand that those feeling are normal, natural, and acceptable. It just means you are human. Just don't get stuck, which leads to my next point.

Second, it is not inevitable. There is no guarantee that once you start on the road that you will reach a place of peace. Usually it is true, but not always. People get stuck in one phase for years, decades even, and die having never gotten over it. The Cycle of Grief is not gravity; it is not a law of the universe, it is simply a description of what seems to happen to most people in most cases, and can help us help them. You have to work toward the goal of a return to normalcy in your life by seeking acceptance, and it is not always an easy path.

Third, and most importantly, grief is not just about death. We often associate grief with the loss of life, but grief is an emotional reaction to unwanted endings. It might be a life, or it could be a job, a relationship, a dream, an organization, or even a phase of life. Parents whose kids grow up and move out experience loss and grieve the children who were and are now something else. People who are fired go through the stages just as much as someone who has lost a loved one does.



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When you realize your dream is never going to be reality, that you are never going to climb a Mount Everest or write the Great American Novel, you grieve. The reason this third fact is the most important is that most people do not understand they are experiencing grief. Since they do not know it is grief, they are unaware that there are stages; they fail to process things. They avoid processing things by staying in the first stage as long as possible. Denial is dangerous. It only draws out the process. A lack of hope is terrible, but understanding that there is a new hope, a new life, at the end of the process is important.

This is not one of the three things, but it seems important to put at the end: no one skips stages. You go through all of them. It might be quickly, but they all happen. No one goes from triggering loss to acceptance in the blink of an eye. Sometimes people pre-grieve, sometimes they do the stages in a different order, but they do it. So look at yourself, your life, and see if there are losses that you never processed, or losses you fear and want to deny. The best thing you can do is go through the grief so that you can emerge out the other side whole.

Do not be afraid to reach out to talk to someone, to take the first step. Either someone who can help you, or the subject of your loss. That friend or family member whose relationship you mourn. You will never get to a place of being whole without taking that first step.

—Pastor Scott



PRAYER REQUESTS

- Pastor Christina's mom—has had serious health problems for last year, found cancerous nodule in lung
- Pastor Christina—having shoulder and wrist surgery in October
- Barb—in Lutheran hospital on 9/29 for bad cold
- Larry Bailey—had heart procedure on 9/28
- Les Roberson—had ultrasound and probable biopsy on a mass above stomach on 9/30
- Brian Blair
- Brenda Routhier's sister Diana
- Emery 5th grader in Jessie's class who is having heart surgery
- Todd Quinn—continued prayers
- Cec Plumb—continued prayers
- Dick Plumb—continued prayers
- Don Schaab—continued prayers
- Seth (Vaunetta's grandson)—continued prayers



Shoebboxes

It is only six short weeks before we gather to fill shoeboxes for Operation Christmas Child. Last year we delivered 1,090 boxes to our local drop off station. Wouldn't it be wonderful if we could do that again? Or maybe we could fill ten boxes more? We have had nine work days getting items ready to be packed and I think we are almost ready for the big week.

The dates for packing shoeboxes are as follows:

Monday, November 8 10-3 pm

Set up chapel and put items out on tables. If we have time we might even pack a few boxes.

Tuesday – Friday, November 9-12 10-3 pm

Fill shoeboxes. If you can't or don't want to fill the boxes, I have plenty of sit down jobs saved just for you.

Saturday, November 13 10-3 pm

Same as Tuesday – Friday.

Remember to bring a sack lunch if you plan to be here over the lunch hour. Drinks will be provided.

—Sharon Rusk



What's Happening

SALAD LUNCHEON

The Pathfinder Class has decided to host a salad luncheon carry-in every month that has five Sundays in it. Our next salad luncheon will be **Sunday, October 31**. Bring a salad to share. We had a wonderful variety of salads in August. Colin Haines entertained us with songs and a sing-a-long. Come join us.



CRAFT AUCTION

The Pathfinder Class Craft Auction and Chili Supper is coming soon. We had to cancel last year's event because of the pandemic but we are back up and running now. Join us on **Saturday, November 6 at 5 pm** for chili and dessert and **6 pm** for the auction.



TRUNK OR TREAT

The city of Fort Wayne announced on Monday that trick or treating will take place on Sunday, **October 31 from 5:30-7:30 pm**. FWBC Christian Education Board will once again host this event on that day and time as well. We will gather in the parking lot by **5 pm** ready to hand out treats to zombies, angels, and rock stars.

If the weather is bad – extremely cold, rainy or snowing – we will set up inside. A sign-up sheet will be posted on the board outside the office. If you can't participate but would like to donate \$\$\$ or candy, you can drop them off in the office for others to pass out.



Fort Wayne Baptist Church

October 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 9:00 AM Sunday School 10:00 AM Worship Srvc. Communion	4	5	6 2:00 PM Bible Study HAPPY ANNIVERSARY JIM & PEGGY RYAN!!	7	8	9 HAPPY BIRTHDAY SUSAN WALLIS!!
10 9:00 AM Sunday School 10:00 AM Worship Srvc. Noisy Offering	11	12	13 2:00 PM Bible Study	14 HAPPY BIRTHDAY CHARLENE BUDD!!	15	16
17 9:00 AM Sunday School 10:00 AM Worship Srvc.	18 HAPPY BIRTHDAY VIOLA EDGAR!!	19	20 2:00 PM Bible Study	21	22	23 HAPPY BIRTHDAY LES ROBERSON!!
24 9:00 AM Sunday School 10:00 AM Worship Srvc.	25	26 6 PM Council Meeting HAPPY BIRTHDAY DON SCHAAB!!	27 2:00 PM Bible Study	28 HAPPY BIRTHDAY JIM RYAN!!	29	30
31 9:00 AM Sunday School 10:00 AM Worship Srvc. Salad Carry-in 5:30-7:30 Trunk or Treat 						